### Ballet School of Chapel Hill 2023 Summer Camps and Workshops

Arts & Dance Camp (Ages 3-7) Adventures in the World Around Us! June 12 – August 4, Monday – Friday, 9:00 am-12:00 noon

\$225 per week (\$112.50 deposit for each week)\*

"Lunch Bunch" option, 12:00 noon-12:45 pm, \$20/week, Monday – Thursday (pre-registration required)

This summer we have exciting new adventures planned for our campers!! Again, this year, campers will be divided into two age groups: 3-4 and 5-7 to tailor projects and activities to specific developmental levels. Each week a different theme will offer your camper the opportunity to discover dance, art, music and storytelling in the creative studio space created by Killian Manning ("Miss. Kiki") along with our outdoor playground area. On the last day, campers will share what they have learned in creative dance and tap classes for family and friends. Maximum enrollment each week is 10-14 depending on age group. A light snack of juice and crackers is provided each day. Lunch bunch is offered Mon. – Thurs. for campers choosing to stay an extra 45 minutes for lunch. Lunch bunch campers will need to bring a bag lunch each day. (Please note that pre-registration for lunch bunch is required prior to the first day of camp to allow for scheduling of staff). Be sure to join Miss Kiki and Ballet School staff this summer as we explore the world around us!

Week 1: June 12-16 (ages 3-4)\* Fun in France!

Week 2: June 19-23 (ages 3-4)\* Celebrating Scotland!

Week 3: June 26-30 (ages 5-7) Parading Through Portugal!

Week 4: July 3-7 (ages 5-7)\*\* Across America!

Week 5: July 10-14 (ages 3-4)\* Journey to Jamaica!

Week 6: July 17-21 (ages 3-4)\* Adventures in Australia!

Week 7: July 24-28 (ages 5-7) Going to Greece!

Week 8: July 31-Aug. 4 (ages 5-7) Navigating the Netherlands!

### DANCE & MUSICAL THEATER CAMPS FOR THE NOVICE TO BEGINNER AGES 7-11

#### **DANCE EXPRESS**

June 12-16 (Rhythm Tap, Contemporary Jazz & Hip-Hop) 9:00am-12pm (Session 1) July 10-14 (Ballet, Modern & Contemporary Jazz) 9:00am-12pm (Session 2) A dance camp for the novice to beginner. Ages 7-11

\$240 per week (\$120 deposit)\*

Session 1: students will explore rhythm tap, contemporary jazz and hip-hop with Robin Vail, Jose Velasquez and Ballet School faculty. Session two, students will explore ballet, modern and contemporary jazz with Laci McDonald, Elizabeth Lynch and Ballet School faculty. Designed specifically for the novice or beginner, Dance Express dancers will receive daily technique classes in each genre in addition to learning about other related topics such as dance history, terminology and choreography. Session 1 dancers should wear a leotard, jazz pants and bring sneakers, jazz shoes and tap shoes if available (the studio will try to provide tap shoes). Session 2 dancers should wear a leotard, footless tights and bring ballet and jazz shoes if available. Students will participate in a short informal performance on the last day for family and friends. **Dancers should bring a light snack and water bottle each day.** 

IT'S SHOWTIME! A Musical Theater Camp for Ages 7-11 June 19-30, 9:00-12:30 \$530 (\$265 deposit)\*

Under the direction of Laci McDonald, campers will write and create an original musical production to be performed in our studio theater on the last day. Campers will dance, sing and act daily and will also assist with costumes, props and set design. Family and friends are invited to attend the show on the last day! For the daily rehearsals, campers should wear comfortable clothing and **bring a light snack and water bottle each day.** 

## SPECIAL NEEDS

DanceAbilities Workshop with Laci McDonald
Open to students with special needs, ages 8+
July 24-28, 9:30am-11:30am (early drop-off at 9am and pick-up at 12pm available @ \$10/day)
\$175 (\$87.50 deposit)\*

DanceAbilities students will explore various ways to create movement and rhythm while making new friends! Join Ballet School faculty member and partner, Laci McDonald and her staff of student volunteers for a week of dancing! The workshop will culminate with a short showcase performance for friends and family members on the last day. We welcome and encourage parents and/or community support person(s) to accompany students if extra assistance is needed.

Laci McDonald is a dance teacher and choreographer for Durham Academy's Upper School and is also the school's Special Olympics Coordinator. Laci has been a volunteer with Special Olympics Durham County for 10 years working closely with Special Programs Coordinator for Durham County, Kristen Randall. Laci holds a BFA in Dance Performance and an MBA from ECU.

## **BALLET INTENSIVES - With Ballet School Faculty and Special Guests**

Pre-Professional Ballet Preparation June 12-16, 10:00am-12:00pm \$175 (\$87.50 deposit)\* Completion of Ballet 5 or above required.

Pre-Pointe Workshop featuring *Gizelle*June 12-16 (Week 1); June 19-23 (Week 2), 9:00am-1:00pm
\$320 per week (\$160 deposit)\*
Completion of Ballet 2 or above required.

Dancers will receive a daily ballet technique class and additional classes in modern, jazz, character and other related topics such as ballet history, terminology and injury prevention. **Students should bring a light snack and water bottle each day.** 

<sup>\*</sup>Slightly older sibling that would like to enroll with 3–4-year-old sibling may enroll as a participant/helper.

<sup>\*\*</sup>Please note this is a shorter week due to the July 4th holiday; tuition is pro-rated.

### Intermediate Ballet Workshop featuring the Nutcracker July 10-14, (Week 1); July 17-21, (Week 2), 9:00am-1:00pm

\$320 per week (\$160 deposit)\*

Completion of Ballet 4 or above required.

Dancers will receive a daily ballet technique class and additional classes in pointe, modern, jazz, character, and other related topics such as ballet history, terminology and injury prevention. Students should bring a light snack and water bottle each day.

Fall Ballet Warm-Up August 14-18, 10:00 am-12:00 noon \$175 (\$87.50 deposit)\* Completion of Ballet 5 or above required.

### HIP-HOP, CONTEMPORARY JAZZ, LEAPS, TURNS & CONDITIONING WORKSHOPS

# **Hip-Hop Workshop with Jose Valesquez** June 26-30, 9:30am-11:30am

\$175 (\$87.50 deposit)\*

Open to students who have completed Hip-Hop 1.

Dancers will learn fun hip-hop and street dance steps, combinations and routines. In addition, students will also explore the history of hip-hop, artists and choreographers through videography and a variety of materials. Students should wear clothes easy to move in and sneakers. Bring a light snack and water bottle each day.

### Contemporary Jazz Intensive with Laci McDonald and Brittany Harlan July 17-21, 9:00am-12pm \$240 (\$120 deposit)\*

Completion of Int Contemporary Jazz+

Designed for the Intermediate through Advanced dancer, this intensive will explore various styles of Jazz including, Contemporary, Broadway, Latin and Classic Jazz. Dancers will explore various combinations and technical progressions through the week. Dancers should wear jazz attire (jazz pants or leggings, sports bra/tank top) and wear Jazz shoes. We will dance barefoot at times as well. Dancers should bring a light snack. On the last day, students will participate in a brief informal showing for friends and family on the final day. Dancers should bring a light snack and water bottle each day.

## Leaps, Turns and Conditioning Intensive with Kristin Duncan July 24-28; 9:00am-12:00pm

\$240 (\$120 deposit)\*

Completion of Ballet 5+; Intermediate Contemporary Jazz+.

Dancers will begin each day with a warm-up followed by discussion and execution of the essential technical building blocks needed for amazing leaps and flawless turns. From there, students will dive into more advanced sequences focused on strengthening spot, balance, power, and agility. Technical conditioning which will include aerobic fitness, strength training, core exercises, balance training, flexibility and stretching activities. Dancers will have the opportunity to choreograph their own short combinations of leaps and turns to share on the final day.

## **RHYTHM TAP INTENSIVES**

## Institute for Rhythmic Arts (IFTRA) Pre-Professional Rhythm Tap Intensive with Nicholas Young & Special Guests. June 26-July 2, 10am-4pm (Sat. & Sun. TBD)

\$800 (\$400 deposit)\*

Open to advanced dancers ages 16+/young adults

Join Nicholas Young, Max Pollak and special guests in a 7-day intensive of master classes and workshops in rhythm tap technique, body percussion and more! Participants will also receive admission to an all-day rhythmic arts conference, CIPHER, held on Sunday featuring performances, workshops, clinics, tap jam with live musicians, local vendors and more!

## Rhythm Tap Repertory Intensive with Robin Vail (Tap 3-4) June 19-23, 10:30am-12:30pm

\$175 (\$87.50 deposit)\*

Completion of Tap 3-4 required.

Students will learn and study historical tap choreography focusing on combinations, patterns and historic pieces. Dancers will further learn about the great contributions of tap dancers and choreographers through videography and various materials. Students should bring a water bottle each day.

## Rhythm Tap Intensive with Nicholas Young (Tap 5+) July 10-14, 9am-1pm

\$320 (\$160 deposit)\*

Completion of Tap 5 or above required.

\*A deposit is required upon registration for any camp or workshop with the tuition balance payable on the first day of each session. Deposits are refundable until two weeks before the start of each camp. There are no refunds for absences. Camps or workshops that do not meet our minimum enrollment requirement may be cancelled with a full refund of all deposits. Families not currently enrolled in the Ballet School will be charged a one-time summer registration fee.